
Participant Information Statement

THE RELATIONSHIP BETWEEN VALUES AND ATTITUDES IN LA TROBE UNIVERSITY STUDENTS.

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Who can participate?

Any La Trobe University student aged over 17 years of age may participate.

What does it involve?

Completing a questionnaire that will take around 5 minutes of your time and does not require leaving any identifying information.

What is this study about?

Psychology students in PSY1CFP (Clinical Foundations of Psychological Science) are undertaking a research project investigating the relationship between values and the attitudes of La Trobe university students towards a societal issue.

How are participants being recruited?

PSY1CFP students are invited to complete a short anonymous survey requesting information about their values and attitudes towards sustainable dietary choices.

Participation is voluntary and students will not be penalized in any way if they do not participate. The consent of participants to take part in the survey is assumed if they return the completed anonymous questionnaire.

How will my data be used and kept confidential?

To ensure anonymity, no name or contact details are required for completion of this survey. The anonymous data, which are collected, will then be analyzed to identify any relationships between values and attitudes. The results of these analyses will be presented in laboratory reports and submitted for assessment in Week 6 of the course.

Are there any risks?

Participating in this study does not involve any risk.

What if I change my mind?

You can withdraw from the survey at any time by not completing the survey. If you have submitted your survey you will not be able to withdraw from the activity because your individual questionnaire will not be able to be identified.

What benefit do I gain from completing the survey?

You will gain a sense of satisfaction knowing you have contributed to improving the knowledge and skills of many university students. You will have also contributed to knowledge about the relationship between values and attitudes towards an important societal issue.

Further questions?

Any questions regarding this project may be directed to the chief investigator, Dr Matthew Ruby, School of Psychology and Public Health at La Trobe University. Matthew can be contacted by email m.ruby@latrobe.edu.au

Attitudes towards Sustainable Dietary Choices

Instructions: Please read each statement and indicate how strongly you agree or disagree with the statement. Do not consult with others. Work fairly quickly and choose the first answer that comes to your mind.

		Strongly Disagree	Disagree	Neither Agree nor Disagree	Agree	Strongly Agree
1	I like people who make sustainable food choices.	☐	☐	☐	☐	☐
2	Environmentally sustainable foods don't taste very good.	☐	☐	☐	☐	☐
3	I feel good when I make sustainable food choices.	☐	☐	☐	☐	☐
4	When making food choices, I care more about convenience than sustainability.	☐	☐	☐	☐	☐
5	I actively seek out information about sustainable food choices.	☐	☐	☐	☐	☐
6	I choose cheaper food options rather than making purchases based on sustainability.	☐	☐	☐	☐	☐
7	I am willing to make more sustainable food choices.	☐	☐	☐	☐	☐
8	I don't believe that my food choices have much of an impact on the environment.	☐	☐	☐	☐	☐
9	It's important that people make sustainable food choices.	☐	☐	☐	☐	☐
10	People should give more thought to the sustainability of their food choices.	☐	☐	☐	☐	☐

Values Scores (Obtained from Week 1b Tutorial, Excel "Values_Calculator" Spreadsheet)**Instructions:**

Please enter in your transformed/ipsatised scores for each of the 10 basic values and 4 higher order values.

These scores are obtained by entering in your scores from the final output page of the Complete the Twenty Items Values Inventory (TwIVI; <http://bit.ly/1cfpvalues>) into the yellow cells (original scores from survey) of the excel doc called "Values_Calculator" (located under the Week 1b Tutorial folder). This spreadsheet will then automatically calculate your final transformed/ipsatised values score for the 10 basic values and 4 higher order values scores. Please enter the ipsatized basic and higher order value scores (in the green and orange boxes) into each corresponding box below.

10 Basic Values

1 Conformity

2 Tradition

3 Benevolence

4 Universalism

5 Self-Direction

6 Stimulation

7 Hedonism

8 Achievement

9 Power

10 Security

4 Higher Order Values

1 Self-transcendence

2	Conservation	
3	Self-enhancement	
4	Openness to Change	